



## SPHS Swimming Schedule 2019-20

Date	Day	Location	Opponent
Nov 20	Wed	@ Stowe YMCA*	East Gaston, Highland Tech, Shelby
Nov 22	Fri	@ Isothermal CC	Chase, East Ruthford, Shelby, RS Central (6:00pm)
Nov 25	Mon	@ Stowe YMCA	East Gaston, Highland Tech, Stuart Cramer
Dec 4	Wed	@ Stowe YMCA*	Chase, East Gaston, East Rutherford
Dec 11	Wed	@ Stowe YMCA*	Highland Tech, Mountain Island
Dec 12	Thu	@ Shelby HS	Chase, East Gaston, East Rutherford, RS Central (6:00pm)
Dec 16	Mon	@ Stowe YMCA*	Lake Norman Charter
Dec 19	Thu	@ King Mtn HS	Kings Mountain (6:00pm)
Jan 10	Fri	@ King Mtn HS	SW 2A Conference Meet
Jan 18	Sat	@ Huntersville AC	Huntersville Invitational (9:00am)
Feb 1-2	Fri-Sat	@ MAC	2A Regional Meet
Feb 6	Sat	@ TAC - Cary	2A State Meet

\*SPHS host meet

3:15pm (warm-ups)/ 3:45pm (start time) unless otherwise noted

**Head Coach:** MaryEllen Lewis    **Athletic Director:** Kent Hyde    **Principal:** Gary Ford